

The Garden City School District Health Services

Student Weight Status Category Survey for 2019-2020 School Year

As part of a required school health examination, a student is weighed and his/her height is measured.

These numbers are used to calculate the student's body mass index or "BMI". The BMI helps the doctor

Or nurse determine if the student's weight is in a healthy range or is considered too high or too low.

Recent changes to the New York State Education Law requires that BMI and weight status category be

Included as part of the student's health examination.

A sample of school districts was selected to take part in a survey by the New York State Department of

Health. Garden City School District was selected to be part of the survey and we will be reporting to

New York State Department of Health information about our students' weight status category groups.

*Only summary information is sent. **No names or identifying information about individual students are***

***Sent.** However, you may choose to have your child's information excluded from this survey report.*

The information sent to the New York State Department of Health is intended to help health officials

Develop programs that make it easier for children to be healthier.

If you do not wish to have your child's weight status group information included as part of the

Health Department's survey this year, please print and sign your name below and return this form

Before November 1, 2019 to:

The Health Office at Your Child's School

Attention: RN

Please do not include my child's weight status information in the 2019-2020 School Survey.

Print Child's Name

Date

Print Parent's Name

Parent's Signature