GARDEN CITY PUBLIC SCHOOLS

CONTINUING EDUCATION

SPRING TERM 2019

Discover for yourself ...
Learning experiences, activities, and journeys of exploration!
FROM THE SUPERINTENDENT . . .

It is with great pleasure that we present courses and leisure time activities offered through our Continuing Education Program. The program provides opportunities and activities to promote lifelong learning. The Office of Continuing Education is dedicated to helping you connect and engage with the many people and programs available to you, and discover opportunities to grow - academically, personally, and professionally. Please look through this brochure as we are sure that you will find something that will expand your horizons, build skills, or broaden your scope of leisure and recreational activities. We also encourage you to provide us with feedback about your experiences with the Continuing Education Program; we are always interested in your comments.

Thank you for choosing to learn with us.

Sincerely,
Kusum Sinha, Ed.D.
Superintendent of Schools

BOARD OF EDUCATION

ANGELA HEINEMAN          PRESIDENT
TOM PINOU                 VICE PRESIDENT
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MICHELLE ABATEMARCO
COMMUNITY PROGRAMS COORDINATOR

PAM CORTESE
REGISTRAR
CORTESEP@GCUFSD.NET
# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Arts, Crafts &amp; Hobbies</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bus and Extended Trips</td>
<td>7</td>
</tr>
<tr>
<td>College</td>
<td>10</td>
</tr>
<tr>
<td>History, Science &amp; Art</td>
<td>16</td>
</tr>
<tr>
<td>Computers &amp; Photography</td>
<td>20</td>
</tr>
<tr>
<td>Music</td>
<td>21</td>
</tr>
<tr>
<td>Languages</td>
<td>22</td>
</tr>
<tr>
<td>Health, Family &amp; Self-Improvement</td>
<td>27</td>
</tr>
<tr>
<td>Physical Fitness &amp; Sports</td>
<td>34</td>
</tr>
<tr>
<td>Garden City School District Calendar</td>
<td>40</td>
</tr>
<tr>
<td>Adelphi University “Come Back to School Program”</td>
<td>41</td>
</tr>
<tr>
<td>Continuing Education Registration and Information</td>
<td>42</td>
</tr>
<tr>
<td>Notes / List of Locations</td>
<td>43</td>
</tr>
</tbody>
</table>

PLEASE NOTE—REGISTRATION FORMS ARE LOCATED THROUGHOUT THE ENTIRE BROCHURE

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**REGISTRATION!**

**IMMEDIATELY - BY MAIL**

**OR**

**STARTING MONDAY, FEBRUARY 25TH - IN PERSON**

REGISTRATIONS MUST BE RECEIVED ONE WEEK PRIOR TO FIRST CLASS OR TRIP

INFORMATION CAN ALSO BE FOUND ON OUR WEBSITE:
www.gardencity.k12.ny.us
“DISTRICT OFFICES”
Continuing Education
Administration Building
56 Cathedral Avenue
Garden City, New York 11530
478-1070 8:00 AM - 3:00 PM

CHECKS ONLY—NO CASH
NO REGISTRATIONS BY PHONE
NO CONFIRMATIONS WILL BE SENT
101. WOODWORKING FOR MEN AND WOMEN  Fred Caputo

Feel good about making things yourself! You will gain confidence and enjoy yourself while you receive hands-on instruction in the proper, safe use of hand and portable power tools.

Learn about wood types, fasteners, abrasives, tool selection, finishing methods, etc. You can bring your own project or make simple projects so you can apply the skills and techniques learned.

This is one of our most popular classes, and it is perfect for men or women. Repeat students are welcome!

*Classes limited. No senior citizen discounts.*

THURS., - 3/14, 21, 28; 4/4, 11; 5/2
6 SESSIONS - 7:00 - 9:30 PM
MIDDLE SCHOOL - RM. 148
RES./SR. - $85  NON-RES. - $90

102. INTRODUCTION TO OIL PAINTING 1  Joan Stevens

Students will learn how to: prepare your canvas, design your composition, and mix colors to create a beautiful work of art. We will be working on the same landscape for the first few weeks, going step-by-step. There will be demonstrations on a simple color palette, painting applications, and how to turn a photo into a masterpiece. The last weeks will be a composition of your choice.

This class is for beginners and intermediate students. A supply list will be given on the first day of class.

MON., - 3/11, 18, 25; 4/1, 8, 15, 29; 5/6, 13, 20
10 SESSIONS - 7:00 - 9:30 PM
HIGH SCHOOL - RM. 166
RES./SR. - $75  NON-RES. - $80

*CLASS SIZE IS LIMITED TO 14 STUDENTS !!*
104. KNITTING  
Nancy Wagner

This is a class for all knitters, novice to experienced! Learn how to knit, read a pattern, new and different knitting techniques and finishing skills. A different subject about knitting will be covered at every class.

Beginning knitters should bring worsted weight smooth yarn and size 8 knitting needles. Crocheters are also welcome.

**LIMIT 20 STUDENTS !!!**

THURS., - 3/7, 14, 21, 28; 4/4, 11; 5/2, 9, 16, 23
10 SESSIONS - 6:30 - 8:30 PM
HIGH SCHOOL - TEACHERS’ LOUNGE
RES./SR. - $110  NON-RES. - $115
105. MAH JONGG — BEGINNER  

Upon completion of this class, you will be familiar with all you need to know to begin or refresh your enjoyment of Mah Jongg.

Your dynamic instructor will teach the National Mah Jongg League rules.

Bring your friends or make new ones. Set sharing is fine and is discussed at the first session. Refresher students are welcome and encouraged. Fun, fun, fun! A small list of supplies that you will need to purchase will be distributed at the first class.

**CLASS SIZE LIMITED TO 16**

THURS., - 3/14, 21, 28; 4/4, 11; 5/2, 9, 16  
8 SESSIONS - 7:30 - 9:30 PM  
STRATFORD SCHOOL - LIBRARY  
RES. - $85  GC SR. - $85  NON-RES. - $90

106. MAH JONGG — INTERMEDIATE

*Pre-requisite Beginners Mah Jongg - Brush-uppers welcome*  
At the first class, the instructor will determine the experience of the students, possibly forming groups with similar experience. Upon completion of four weeks in this class, students will be familiar with the NMJL rules. Students will be able to keep options open, if need be, for a longer period of time. You will learn techniques to prevent an opponent from winning and be able to play a round in 15 minutes. You will need to purchase up-to-date Mah Jongg cards for this class.

*Question and answer periods will be included and actual games will be played in tournament fashion with, if majority rules, scores to be recorded.*

**CLASS SIZE LIMITED TO 16**

TUES., - 3/12, 19, 26; 4/2, 9, 16, 30; 5/7  
8 SESSIONS - 7:30 - 9:30 PM  
STRATFORD SCHOOL - LIBRARY  
RES. - $85  GC SR. - $85  NON-RES. - $90
BUS AND EXTENDED TRIPS

201. KAYAKING NATURE TRIP SAT., JUNE 15, 2019

Participants will receive kayak instructions before heading out to the wetlands of the South Shore of Long Island. Paddling around a marsh island, we will observe birds that inhabit the wetlands and learn the importance this habitat plays as a home for wildlife and protecting the South Shore during hurricanes.

The trip will be facilitated by Empire Kayak of Island Park and will involve paddling on sit-on-top kayaks for approximately 1 ½ hours in calm waters. Empire Kayaks will provide life jackets for all participants.

Participants can choose either a double kayak for two people or a single kayak. Price includes kayak instruction, a tour of the wetlands and roundtrip bus transportation. Dress appropriately for a water adventure.

MEET AT THE ADMINISTRATION BUILDING’S PARKING LOT AT 56 CATHEDRAL AVE. FOR THE BUS RIDE TO EMPIRE KAYAK IN ISLAND PARK (PARKING IN LOT ON CHERRY VALLEY AVE).

DEPART GARDEN CITY AT 12:30 PM
ARRIVE AT EMPIRE KAYAK AT 1:00 PM
RETURN TO GARDEN CITY AT APPROXIMATELY 4:00 PM

FEE: $35.00 FOR A SINGLE KAYAK
$48.00 FOR A DOUBLE KAYAK

PLEASE DRESS APPROPRIATELY AS YOU MAY GET WET!!
REGISTRATION FORM

MAIL TO: Garden City Continuing Education, 56 Cathedral Ave., Garden City, NY 11530

A SEPARATE check and SEPARATE registration form is required for each course.

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Garden City Resident Garden City Senior Non-Resident

Class fee: Check payable to GCUFSD, unless otherwise instructed

$_________________

NO CONFIRMATIONS WILL BE SENT. NO CASH ACCEPTED

INFORMATION CAN ALSO BE FOUND ON OUR WEBSITE
www.gardencity.k12.ny.us
LOOK UNDER “DISTRICT OFFICES” Continuing Education
NO CONFIRMATIONS WILL BE SENT

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BUS AND EXTENDED TRIPS

202. 9/11 MUSEUM & MEMORIAL AND FIREMAN’S MUSEUM

TUES., MAY 7, 2019

Take a self-guided three-hour tour of the museum that is divided into two parts: one dedicated to remembering the 2983 people who died at the site, and the other devoted to the event’s history. Visitors will see artifacts such as the steel “tridents” that anchored the towers, the preserved “survivors staircase,” the last steel column removed from the site after a nine-month cleanup, and tributes to those who perished in the attack. Visit the Memorial and its tribute to each inscribed name of those who perished that day. Afterwards, you will have a late lunch at an Italian restaurant with salad, choice of three entrees, dessert, and coffee or tea. A visit to the Fireman’s Museum for a self-guided tour completes our day in the city.

DEPART GARDEN CITY: 8:30 AM
DEPART FOR HOME: 4:00 PM

COST - $124.00 PER PERSON*

COST INCLUDES TRANSPORTATION ABOARD DELUXE MOTORCOACH, ADMISSION TO MUSEUMS AND LUNCH.
*Does not include gratuities for tour escort(s) or bus driver.

LIMITED AVAILABILITY!!

MEET BEHIND LORD & TAYLOR - OFF GOLF CLUB LANE - FAR END
300. S.A.T. REASONING TESTS

This course provides 15 hours of class instruction. Test-taking techniques, strategies, exercises and structured review of the new SAT materials are covered. The newest and most recent changes in the tests will be stressed in the practice exercises.

Instructors are current Garden City High School teachers experienced in teaching SAT review courses.

NOTE: In order to make this class as effective as possible, only those who comply with the following can attend: No arriving late to class - No leaving class early - No eating - No cell phones - Non-compliance will result in removal from the class.

WEDNESDAYS - 5 SESSIONS - 6:30-9:30 PM
HIGH SCHOOL - RMS. 136 AND 139

SECTION 1 - 3/13, 20, 27; 4/3, 10 - TEST DATE - 5/4
SECTION 2 - 5/1, 8, 15, 22, 29 - TEST DATE - 6/1

RES. - $200  NON-RES. - $205  (Review book included in the fee.)

PLEASE NOTE: USE FORM BELOW

REGISTRATIONS MUST BE RECEIVED 2 WEEKS BEFORE CLASSES START

REGISTRATION FORM

MAIL TO: Garden City Continuing Education, 56 Cathedral Ave., Garden City, NY 11530
A SEPARATE check and SEPARATE registration form is required for each course.

Last Name
First Name
Street Address
City, State, Zip
Home Phone/Cell Phone
Email Address

Course #  Section #  Course/Trip Title  Day Class Meets
300  1 OR 2  SAT REVIEW  WEDNESDAY
Garden City Resident
Garden City Senior

Class fee: Check payable to GCUFSD, unless otherwise instructed

$__________

NO CONFIRMATIONS WILL BE SENT. NO CASH ACCEPTED
COLLEGE

302. SAT CLASSES FOR SUBJECT TESTS 2019

These courses for each subject provide 10 hours of class instruction. Test-taking techniques, strategies, exercises and structured review of the new SAT materials are covered. All instructors are Garden City High School teachers. Do not be fooled by the price of the course—your child will be challenged and stimulated while learning effective test taking techniques! Review book included in the fee.

CLASS SIZE IS LIMITED

NOTE: In order to make this class as effective as possible, only those who comply with the following can attend:

NO COMING LATE TO CLASS, LEAVING EARLY, EATING OR CELL PHONE USE.

FEE - $200.00 - PER SUBJECT CLASS
ALL CLASSES HELD AT GARDEN CITY HIGH SCHOOL

REGISTRATIONS MUST BE RECEIVED 2 WEEKS BEFORE CLASSES START

<table>
<thead>
<tr>
<th>SUBJECT— ROOM # - DATES—TIMES</th>
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<tbody>
<tr>
<td>#1 - US HISTORY (ROOM 144)</td>
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<tr>
<td>TUESDAYS - 3/19, 26; 4/2, 9 - 7:00-9:30 PM</td>
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<tr>
<td>#2 - WORLD HISTORY (ROOM 143)</td>
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<tr>
<td>TUESDAYS - 3/12, 19, 26; 4/9, 16 - 7:00-9:00 PM</td>
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<tr>
<td>#3 - ENGLISH LITERATURE (ROOM 139)</td>
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<td>THURSDAYS - 3/21, 28; 4/4, 11 - 7:00-9:30 PM</td>
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<tr>
<td>#4 - MATH LEVEL I (ROOM 136)</td>
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<td>MONDAYS - 3/18, 25; 4/1, 8 - 7:00-9:30 PM</td>
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ON REGISTRATION FORM, PUT THE NUMBER OF THE SUBJECT CLASS YOU ARE TAKING UNDER THE SECTION AREA

**SEPARATE REGISTRATION FORM & CHECK FOR EACH SUBJECT**
**REGISTRATION FORM**

**RECEIPT #**

**MAIL TO:** Garden City Continuing Education, 56 Cathedral Ave., Garden City, NY 11530

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*NO CONFIRMATIONS WILL BE SENT. NO CASH ACCEPTED*

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**INFORMATION CAN ALSO BE FOUND ON OUR WEBSITE**
www.gardencity.k12.ny.us

LOOK UNDER “DISTRICT OFFICES”  
Continuing Education

*NO CONFIRMATIONS WILL BE SENT*
With college costs skyrocketing, find out how to get your share of the $150 billion available for student financial aid. Learn insider tips to maximize your financial aid from Long Island’s leading financial aid experts with over 45 years of experience. Follow our step-by-step strategies to fill out your FAFSA (Free Application for Federal Student Aid), plan a needs-analysis, and negotiate with colleges. We explain how the federal government calculates your “expected family contribution.”

SPECIAL EMPHASIS WILL BE PLACED ON THE REGULATIONS INVOLVING DIVORCED AND SEPARATED PARENTS, PARENTS AND CHILDREN WHO ARE RECEIVING SOCIAL SECURITY, AND FEDERAL PARENT AND STUDENT LOANS.

Also discussed will be how to conduct the best FREE Internet scholarship searches, the CSS/Financial Aid PROFILE application, and NY State’s financial aid programs including TAP, Excelsior, Enhanced Tuition, and GOYF (Get on your Feet). This is an excellent time for parents of juniors and seniors to begin planning.

TUES., - 4/2
1 SESSION - 7:00 - 9:00 PM
HIGH SCHOOL - RM 138
RES./SR. - $30  NON-RES. - $35. Both parents may attend for the single fee!

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**REGISTRATION FORM**

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**INFORMATION CAN ALSO BE FOUND ON OUR WEBSITE**

www.gardencity.k12.ny.us

LOOK UNDER “DISTRICT OFFICES” Continuing Education

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**REGISTRATION FORM**

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- **Garden City Resident**
- **Senior**

Class fee: **Check payable to GCUFSD**, unless otherwise instructed

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**PLEASE NOTE:**

CONTINUING EDUCATION IS SELF-SUSTAINING.

IN ORDER TO RUN A CLASS,
WE MUST HAVE SUFFICIENT ENROLLMENT
TO PAY ITS TEACHER.

PLEASE SEND IN YOUR REGISTRATIONS IMMEDIATELY!

WE WILL HAVE TO CANCEL THE CLASS IF WE DO NOT HAVE ENOUGH STUDENTS REGISTERED!
400. THE STRANGE SHAPES OF OUR STATES

Doug Sheer

How did some of our states end up with such strange borders? Some states have panhandles while others have straight lines and others seem to have notches and appendages that reflect a fascinating aspect of our country’s history. We will learn about some of the interesting stories behind the shapes of our states with anecdotes that will bring maps of our country alive.

THURS., - 3/21
1 SESSION - 7:30 - 8:45 PM
HIGH SCHOOL - RM. 140
RES. - $20  GC SR. - $20
NON-RES. - $25

401. Navigation

Doug Sheer

How did people from the Indian and Pacific Oceans cross those tremendous waterways without the use of instruments? Many of the methods used by ancient navigators can still be used today and can fascinate friends and family. We will also trace the use of instrument navigation and explain the use of the cross-staff, back-staff, sextant, and GPS. Many takeaways from this presentation will help explain how animals navigate and how some people seem to have the ability to tell directions so easily as well.

TUES., - 3/26
1 SESSION - 7:30 - 8:45 PM
HIGH SCHOOL - RM. 140
RES. - $20  GC SR. - $20
NON-RES. - $25
402. THE HISTORY OF POLITICAL CARTOONS
Doug Sheer

From the 1700s through today, political and not so political cartoons have amused audiences or made them angry by taking events in the news and making them comical. Whether you like *Pickles*, *Zits*, or *The New Yorker*, there are cartoons for everyone’s taste. Several hundred years ago the same attacks on our political leaders were just as biting and humorous as they are today. Take a look at political cartoons through the centuries as kings and presidents were poked fun at along with our everyday life.

WED., - 3/27
1 SESSION - 7:30 - 8:45 PM
HIGH SCHOOL - RM. 140
RES. - $20 GC SR. - $20
NON-RES. - $25

403. Pirates!
Doug Sheer

Over the last 100 years, pirates have been shown to the public through films with such actors as Kirk Douglas, Douglas Fairbanks, Jr., Errol Flynn, Abbott and Costello, Bob Hope, and Johnny Depp. This genre has fascinated audiences despite the fact that they were often ruthless killers and plundered ships on the high seas. We will trace the history and life of pirates over the centuries as we learn about their day-to-day life and how accurately their lives have been depicted in the movies and in books. Who were these men and women who roamed the seas looking for sailors to join their crew while plundering ships carrying gold and silver?

THURS., - 3/28
1 SESSION - 7:30 - 8:45 PM
HIGH SCHOOL - RM. 140
RES. - $20 GC SR. - $20
NON-RES. - $25
404. GARDEN CITY—THE ENTIRE STORY  John Ellis Kordes

From the beginning, under the hand of A.T. Stewart, through the Garden City Company years, and finally incorporation, Garden City’s entire story will come alive in this fascinating course. Historian John Ellis Kordes, whose name has been synonymous with Garden City’s history for 25 years, will use excerpts from his popular documentary film “A.T. Stewart’s Garden City” to help tell “the entire story!”

TUES., - 4/2, 9, 16
3 SESSIONS - 7:00 - 9:00 PM
HIGH SCHOOL - RM. 142
RES. - $35  GC SR. - $30
NON-RES. - $40

405. THE BEATLES STORY  John Ellis Kordes

Take a “Magical Mystery History Tour” with historian and lifelong Beatles fan, John Ellis Kordes. The course will explore the origins of the group in Liverpool, England, and how they struggled in the early years before exploding onto the world scene in 1964. Learn the stories behind each album and how four young men who could neither read nor write music changed the culture, fashions and the entire music industry while becoming the most successful group in history. Also explored will be what led to the group’s break up in 1970 while members were still in their twenties. A multi-media presentation will include rare concert footage and interviews using the Beatles own words.

Register Early!

WED., - 5/1, 8, 15
3 SESSIONS - 7:00 - 9:00 PM
HIGH SCHOOL - RM. 142
RES. - $35  GC SR. - $30
NON-RES. - $40
406. A NIGHT AT THE CATHEDRAL
John Ellis Kordes

How often have you driven by the Cathedral of the Incarnation in Garden City and wondered what the inside might look like? This is your chance to get a complete tour of this magnificent Cathedral. Historian John Ellis Kordes will explain the history of the Cathedral and early Garden City. Expected to join Mr. Kordes will be the Cathedral’s Dean, The Very Reverend Michael T. Sniffen.

Register Early! Limited Enrollment.

TUES., - 4/30
1 SESSION - 7:00 - 9:00 PM
THE CATHEDRAL OF THE INCARNATION
RES. - $20 GC SR. - $15
NON-RES. - $25

407. UNDERSTANDING THE WEATHER
John Ellis Kordes

Ever watch the weather report on TV and wonder, “What are they talking about?” You’re not alone as it can all be very confusing. Here is an opportunity to learn a basic understanding of the weather that affects our planet everyday. A wide range of topics will be covered including El Nino, the Polar Vortex, high pressure, low pressure, hail, sleet, freezing rain, acid rain, hurricanes, tornadoes, Nor’easters, and much more. John Ellis Kordes, who has studied meteorology for most of his life, will explain it all in a fascinating one-night course.

WED., 5/22
1 SESSION - 7:00 - 9:00 PM
HIGH SCHOOL - RM. 142
RES. - $20 GC SR. - $15 NON-RES. - $25
COMPUTERS & PHOTOGRAPHY

500. iPHONE AND iPAD TIPS AND TRICKS

Ruth Fuller

New features are added to the iPad and iPhone all the time. Come explore all the best and newest features available to make life easier and more fun!

WED., - 5/8
1 SESSION - 7:00 - 9:00 PM
HIGH SCHOOL - RM. 138
RES./SR. - $35  NON-RES. - $40

REGISTRATION FORM

MAIL TO: Garden City Continuing Education, 56 Cathedral Ave., Garden City, NY 11530

A SEPARATE check and SEPARATE registration form is required for each course.

Last Name                                                  First Name
__________________________________________________________________________
Street Address                                            City, State, Zip
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Home Phone/Cell Phone                                     Email Address
__________________________________________________________________________
Course #      Section #             Course/Trip Title                                     Day Class Meets
__________________________________________________________________________
Garden City                        Garden City                                                  Non-Resident
Resident_____________    Senior_______________________________________________

Class fee: Check payable to GCUFSD, unless otherwise instructed

$_________________  
NO CONFIRMATIONS WILL BE SENT. NO CASH ACCEPTED
MUSIC

600. BIG BAND SOUND: "Village Music Makers"

The "Village Music Makers," playing the Big Band Sounds of the '40s-'50s etc., is a well-regarded, top-notch organization. Musicians must be able to sight-read Big Band charts on all levels.

If interested in joining, musicians should call Frank Benvenuto (516-375-2968) for openings and audition times.

SHEET MUSIC WILL NEED TO BE PURCHASED — PLEASE SEE - Frank Benvenuto

CLASS LIMIT—16

WEDNESDAY - START DATE - 3/13/19     END DATE - 6/12/19
(NO CLASSES ON 4/24; 5/8, 15)

7:00 - 9:30 PM
STRATFORD SCHOOL - AUDITORIUM
FEE—$40

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REGISTRATION FORM

MAIL TO: Garden City Continuing Education, 56 Cathedral Ave., Garden City, NY 11530

A SEPARATE check and SEPARATE registration form is required for each course.

Last Name                            First Name
Street Address                       City, State, Zip
Home Phone/Cell Phone                Email Address

Course #    Section #    Course/Trip Title    Day Class Meets

Garden City Resident    Garden City Senior    Non-Resident

Class fee: Check payable to GCUFSD, unless otherwise instructed $___________

NO CONFIRMATIONS WILL BE SENT. NO CASH ACCEPTED

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700. CONVERSATIONAL SPANISH LEVEL I  Doris Velasquez

This introductory course will include basic listening comprehension, language structure and meaning, responding in whole sentences, vocabulary development, and culture, all in a relaxed, welcoming atmosphere. Learn for business or pleasure!

_Students will need to purchase a book. Information will be provided by the teacher at the first class._

MON., - 3/11, 18, 25; 4/1, 8, 15, 29; 5/6, 13, 20
10 SESSIONS - 7:00 - 8:30 PM
HIGH SCHOOL - RM. 140
RES. - $85  GC SR. - $80  NON-RES. - $90

701. “TRAVELING” SPANISH  Doris Velasquez

Do you plan on traveling to a Spanish-speaking country for business or pleasure? In this course, you will learn basics to express your needs and requests. You will learn phrases to help you navigate through the airport, check into a hotel, greet people, order food and much more!

_Students will need to purchase a book. Information will be provided by the teacher at the first class._

WED., - 3/13, 20; 4/3, 10, 17; 5/1, 8, 15, 22, 29
10 SESSIONS - 7:00 - 8:30 PM
HIGH SCHOOL - RM. 140
RES. - $85  GC SR. - $80  NON-RES. - $90
2019 AFTERNOON TEA

2019 Afternoon Tea for Senior Citizens and Past Parents
THURSDAY – May 2, 2019 – High School Cafeteria, 3:30-5:30 PM

Please join us this spring for our Tenth Annual Afternoon Tea – an event that offers our senior citizens and past parents a memorable afternoon of delicious food and musical entertainment by the talented students of Garden City Public Schools. The event is FREE to Garden City residents.

Registration is required. Tickets are limited to “TWO” per Garden City resident applicant, and are offered on a first-come first-served basis. Please only request tickets if you definitely plan to attend...Thank you!

To pre-register and obtain up to two tickets through the mail, please fill out the form below in its entirety and mail to the address on the form.

Questions?? Please call: Dr. Catherine Knight, 478-1079; knightc@gcufsd.net

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PRE-REGISTRATION FOR 2019 AFTERNOON TEA
GARDEN CITY SENIOR RESIDENT

#1

PLEASE PRINT

Are you a VETERAN? Yes _____ No _____

Last Name

First Name

Street Address

Garden City, NY 11530

Home Phone

Email

MAIL TO: Office of Public Information, 56 Cathedral Ave., Garden City, NY 11530

#2

CAN BE SAME ADDRESS BUT MUST BE A DIFFERENT NAME THAN #1

PLEASE PRINT

Are you a VETERAN? Yes _____ No _____

Last Name

First Name

Street Address

Garden City, NY 11530

Home Phone

Email

MAIL TO: Office of Public Information, 56 Cathedral Ave., Garden City, NY 11530
LANGUAGES

702. ITALIAN - BEGINNER
Maria Tocci

Students will develop proficiency in the Italian language at the beginning level through continued emphasis on the four language skills: speaking, listening, reading and writing. They will learn to use vocabulary in dialogues and exercises, as well as basic reading comprehension. Focus will be on building confidence in speaking and coping in everyday social situations that may typically be encountered when visiting Italy.

MON., - 3/11, 18, 25; 4/1, 8, 15, 29; 5/6, 13, 20
10 SESSIONS - 10:00 AM - 12:00 PM
*** ST. PAUL’S CENTER ***
RES. - $125 GC SR. - $120 NON-RES. - $130

*** NEW LOCATION !!!!!

703. ITALIAN - INTERMEDIATE
Maria Tocci

Students will continue to develop proficiency in the Italian language at the intermediate level. They will continue to learn new grammar concepts and will sharpen their vocabulary and their pronunciation with increased emphasis on conversational skills. They will be introduced to easy book readings based on short stories, thrillers, novellas, and cultural notes.

TUES., - 3/12, 19, 26; 4/2, 9, 16, 30; 5/7, 14; 6/4
10 SESSIONS - 9:30-11:30 AM
*** ST. PAUL’S CENTER ***
RES. - $125 GC SR. - $120 NON-RES. - $130

*** NEW LOCATION !!!!!
704. ITALIAN - ADVANCED  Maria Tocci

Students will expand their proficiency in speaking, comprehension, reading, and writing. They will participate in engaging conversation about various topics. They will also be introduced to more sophisticated readings such as mysteries, human interest stories, and the various works of some contemporary Italian authors.

WEDS., - 3/13, 20, 27; 4/10, 17; 5/1, 8, 15, 22, 29
10 SESSIONS - 9:30 AM - 11:30 AM
*** ST. PAUL'S CENTER ***
RES. - $125  GC SR. - $120  NON-RES. - $130

*** NEW LOCATION !!!!!

PLEASE NOTE:
CONTINUING EDUCATION IS SELF-SUSTAINING.
IN ORDER TO RUN A CLASS,
WE MUST HAVE SUFFICIENT ENROLLMENT
TO PAY ITS TEACHER.
PLEASE SEND IN YOUR REGISTRATIONS IMMEDIATELY
WE WILL HAVE TO CANCEL THE CLASS IF WE DO NOT HAVE ENOUGH STUDENTS REGISTERED!
INFORMATION CAN ALSO BE FOUND ON OUR WEBSITE
www.gardencity.k12.ny.us
LOOK UNDER “DISTRICT OFFICES” Continuing Education
NO CONFIRMATIONS WILL BE SENT.

REGISTRATION FORM
RECEIPT #
MAIL TO: Garden City Continuing Education, 56 Cathedral Ave., Garden City, NY 11530
A SEPARATE check and SEPARATE registration form is required for each course.

Last Name                            First Name
Street Address                       City, State, Zip
Home Phone/Cell Phone                Email Address
Course #    Section #    Course/Trip Title    Day Class Meets
Garden City Resident Garden City Senior

Class fee: Check payable to GCUFSD, unless otherwise instructed $ ____________

NO CONFIRMATIONS WILL BE SENT. NO CASH ACCEPTED

MAIL TO: Garden City Continuing Education, 56 Cathedral Ave., Garden City, NY 11530
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Last Name                            First Name
Street Address                       City, State, Zip
Home Phone/Cell Phone                Email Address
Course #    Section #    Course/Trip Title    Day Class Meets
Garden City Resident Garden City Senior

Class fee: Check payable to GCUFSD, unless otherwise instructed $ ____________

NO CONFIRMATIONS WILL BE SENT. NO CASH ACCEPTED
HEALTH, FAMILY & SELF-IMPROVEMENT

800. ADULT/CHILD/PEDIATRIC CPR/AED

Rick Voight

The Adult/Child/Pediatric CPR/AED course incorporates the latest science and teaches students how to respond to breathing and cardiac emergencies to help victims of any age—adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult/Child/Pediatric CPR/AED valid for two years.

MON., - 3/18
1 SESSION - 6:30 - 9:30 PM
HIGH SCHOOL - RM. 137
FEE - $60 - Includes 2 Year Certification Card Fee

REGISTRATION FORM

MAIL TO: Garden City Continuing Education, 56 Cathedral Ave., Garden City, NY 11530

A SEPARATE check and SEPARATE registration form is required for each course.

Last Name ____________________________________________________________________________
First Name ____________________________________________________________________________
Street Address ____________________________________________________________________________
City, State, Zip ____________________________________________________________________________
Home Phone/Cell Phone ____________________________________________________________________________
Email Address ____________________________________________________________________________
Course # Section # Course/Trip Title Day Class Meets
__________________________________________________________________________
Garden City Garden City Non-Resident
Resident Senior

Class fee: Check payable to GCUFSD, unless otherwise instructed $ __________

NO CONFIRMATIONS WILL BE SENT. NO CASH ACCEPTED

27
Is your boss asking you to become a Notary? Are you afraid of failing the exam? Or are you seeking to self-enhance? We will help you gain the confidence and knowledge you need to pass the exam with ease. We welcome you to become part of our successful client base, stand out among the competition, add a new credential to your resume, and be an asset to your company by enhancing your credentials. All companies need to have documents notarized. The object of the Notary Public Training Course is designed to educate individuals with the legal terminology, concepts, and clauses contained in the framework of the NYS Notary booklet. Price includes: Supplemental Study Guide, Notary Fact Sheet, Practical Exam, Sample Forms, Notary Public Application, NYS Exam Schedule and Booklet, and access to Notary Public Central’s unlimited customer support. Students are required to bring a pen and a highlighter. Sign up now for this unique training course. Commissioned Notaries are always welcome to attend.

WEDS., - 4/10
1 SESSION - 6:30 - 9:30 PM
HIGH SCHOOL - RM. 142
RES./SR. - $80  NON-RES. - $85

REGISTRATION FORM

MAIL TO: Garden City Continuing Education, 56 Cathedral Ave., Garden City, NY 11530
A SEPARATE check and SEPARATE registration form is required for each course.

Last Name                                                  First Name
Street Address                                            City, State, Zip
Home Phone/Cell Phone                                      Email Address
Course #      Section #             Course/Trip Title                                     Day Class Meets
Garden City Resident Garden City Non-Resident

Class fee: Check payable to GCUFSD, unless otherwise instructed $__________________

NO CONFIRMATIONS WILL BE SENT. NO CASH ACCEPTED
Baby boomers are failing to plan! Baby boomers are concerned about potential long-term care costs, but have other financial priorities to address. They need to protect what they have accumulated but are not taking the time to make a plan. Long-term care insurance is not just nursing home insurance. Think of it as “living insurance” that can help protect your independence, quality of life, and preserve relationships with loved ones.

We will be discussing what Medicare covers and what it does not cover. The informal discussion will review all of the long term care alternatives and updates.

WED., - 4/3
1 SESSION - 7:00 - 9:00 PM
HIGH SCHOOL - RM. 138
FEE - $15
Parents have numerous issues to consider in planning for the long-term well-being of their children with special needs. **With new tax laws in 2018 and changes in government benefits**, planning becomes even more important. This program will examine aspects that need to be considered in developing a life plan that will help to provide the best future possible. Topics will include: creating financial security during uncertain times, strategies to protect your child’s assets, special needs trusts, government benefits, guardianship, and future housing.

Instructor Jeffrey R. Silverman is a Certified Financial Planner, practitioner and attorney.

**MON., - 5/13**  
1 SESSION - 7:00 - 9:00 PM  
HIGH SCHOOL - RM. 138  
FEE - $25

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**804. THE TRUTH ABOUT ANNUITIES**  
Jeffery Silverman  
Shane Parouse

You’ve heard good things. You’ve heard bad things. One financial pundit says they’re terrible, while the next one says they’re great! Meanwhile, BILLIONS of dollars are invested in annuities every year. Are they worth it? How do you decide if an annuity is right for you?

In this class, we’ll explain the good and bad for all the types of annuities available. Taxes, investment options, rates of return, death benefits, fees and more.

Mr. Silverman is a Certified Financial Planner, practitioner and attorney.  
Mr. Parouse is a Chartered Financial Consultant.

**WED., - 5/1**  
1 SESSION - 7:00 - 9:00 PM  
HIGH SCHOOL - RM. 138  
FEE - $25
HEALTH, FAMILY & SELF-IMPROVEMENT

805. KEEP THE INCOME FLOWING DURING RETIREMENT  Jeffery Silverman
Shane Parouse

How to Create your “Retirement Paychecks” with the New Tax Laws
Studies show that the biggest concern in retirement is whether you will have
enough money to last your lifetime. With new tax laws upon us in 2018 and
beyond, planning an effective retirement income strategy is more important than
ever when facing a retirement that can span more than 25 years. This program
will explore concepts that can help you to plan a retirement income strategy with
the goal of maximizing income, minimizing taxes, and protecting your assets from
the costs of long term care….all while having your money last through your lifetime
and the lifetime of your spouse! If you are retired or thinking about retirement, you
will not want to miss this program.

Mr. Silverman is a Certified Financial Planner, practitioner and attorney.
Mr. Parouse is a Chartered Financial Consultant.

WED., - 5/15
1 SESSION - 7:00 - 9:00 PM
HIGH SCHOOL - RM. 138
FEE - $25

PLEASE NOTE:
CONTINUING EDUCATION IS SELF-SUSTAINING.
IN ORDER TO RUN A CLASS,
WE MUST HAVE SUFFICIENT ENROLLMENT
TO PAY ITS TEACHER.
PLEASE SEND IN YOUR REGISTRATIONS
IMMEDIATELY!
WE WILL HAVE TO CANCEL THE CLASS IF WE DO NOT
HAVE ENOUGH STUDENTS REGISTERED!
Mindfulness and Guided Meditation are practices that help to train the mind and can bring peace and tranquility to the spirit. Through breathing and yoga poses, these guided practices can have short-term and long-term benefits such as deep relaxation, reduced stress, heart rate improvement, less anxiety, and increased brain function.

Join us as we learn to nurture ourselves!
Students should bring a yoga mat and small pillow.

TUES., 5/7, 14, 21
3 SESSIONS - 7:30 - 8:30 PM
HOMESTEAD SCHOOL
RES. - $50  GC SR. - $45  NON-RES. - $55

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WE MUST HAVE SUFFICIENT ENROLLMENT
TO PAY ITS TEACHER.
PLEASE SEND IN YOUR REGISTRATIONS IMMEDIATELY!
WE WILL HAVE TO CANCEL THE CLASS IF WE DO NOT HAVE ENOUGH STUDENTS REGISTERED!
**REGISTRATION FORM**

**RECEIPT #**

**MAIL TO:** Garden City Continuing Education, 56 Cathedral Ave., Garden City, NY 11530

**A SEPARATE check and SEPARATE registration form is required for each course.**

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Class fee: **Check payable to GCUFSD**, unless otherwise instructed $______

**NO CONFIRMATIONS WILL BE SENT. NO CASH ACCEPTED**

INFORMATION CAN ALSO BE FOUND ON OUR WEBSITE

www.gardencity.k12.ny.us

LOOK UNDER “DISTRICT OFFICES”

Continuing Education

NO CONFIRMATIONS WILL BE SENT
900. HATHA YOGA - STRETCH & RELAX  Jean Aronoff

Yoga is a complete approach to physical, mental, emotional, and spiritual transformation, and brings to you physical health and vitality, mental clarity, wisdom, and emotional serenity and poise.

*Instruction includes: postures, stress reduction, and relaxation.*

These are mixed-level classes for men and women of all ages.

**Bring a yoga sticky-mat, yoga belt, and small throw pillow. Please wear comfortable clothing.**

WED., - 3/13, 20, 27; 4/3, 10, 17; 5/1, 22, 29; 6/5, 12, 19
12 SESSIONS - 7:30 - 9:00 PM
STRATFORD SCHOOL - GYM
RES. - $115  GC SR. - $115  NON-RES. - $120

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**REGISTRATION FORM**

MAIL TO: Garden City Continuing Education, 56 Cathedral Ave., Garden City, NY 11530

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Class fee: **Check payable to GCUFSD**, unless otherwise instructed $________

NO CONFIRMATIONS WILL BE SENT. NO CASH ACCEPTED
WE RECOMMEND THAT YOU CHECK WITH YOUR DOCTOR PRIOR TO STARTING ANY EXERCISE PROGRAM.

901. BACK TO BASICS - MAT PILATES

Maryellen Petassi

Learn balance, breathing, and core strengthening through mat and standing core exercises. Toning, breathing techniques, basic Mat Pilates for full body strength training using all muscle combination. Please bring a mat and water. Wear comfortable clothes.

WED., - 3/13, 20, 27; 4/3, 10, 17; 5/1, 15, 22, 29; 6/5, 12
12 SESSIONS - 7:00 - 8:00 PM
HOMESTEAD SCHOOL - MULTI-PURPOSE ROOM
RES. - $92 GC SR. - $92 NON-RES. - $97

902. PILATES FUSION

Maryellen Petassi

A fun program with hand weight exercises combined with basic Pilates strengthening moves, breathing techniques, and core work. A full body toning workout for flexibility!

Students should bring a mat, hand weights (for your comfort level) and water.

MON., - 3/11, 25; 4/1, 8, 15, 29; 5/6, 13, 20; 6/3 10, 17
12 SESSIONS - 7:00 - 8:00 PM
HOMESTEAD SCHOOL - MULTI-PURPOSE ROOM
RES. - $92 GC SR. - $92 NON-RES. - $97
WE RECOMMEND THAT YOU CHECK WITH YOUR DOCTOR PRIOR TO STARTING ANY EXERCISE PROGRAM.

903. FLEX AND STRETCH

Come to an enjoyable class of gentle stretches to music that will help you attain more flexibility and muscle tone. Exercises to help keep your back strong will be included. Please check with your doctor before participating. Wear comfortable clothing and sneakers, and bring an exercise mat to class. All ages (18 and over) are welcome. Teacher is ACSM certified. Class size limited.

MON., - 3/11, 18, 25; 4/1, 8, 15, 29; 5/6, 13, 20
8 SESSIONS - 7:00 - 8:00 PM
HEMLOCK SCHOOL - GYM
RES./GC SR. - $63  NON-RES. - $68

REGISTRATION FORM

MAIL TO: Garden City Continuing Education, 56 Cathedral Ave., Garden City, NY 11530

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Last Name                                                  First Name

Street Address                                            City, State, Zip

Home Phone/Cell Phone                                     Email Address

Course #      Section #             Course/Trip Title                                     Day Class Meets

Garden City Resident                                        Garden City Senior
Non-Resident

Class fee: Check payable to GCUFSD, unless otherwise instructed

NO CONFIRMATIONS WILL BE SENT. NO CASH ACCEPTED

$_________________
physicaL fitness - sports

we recommend that you check with your doctor prior to starting any exercise program.

904. badminton, advanced  michael lau

these classes are geared for seasoned students looking to play competitive games and further improve their technical and tactical skills and game strategy. class guidelines and rules will be given at the beginning of class. on-court rules and etiquette must be observed and respected. you must provide your own racquet. students will share the cost of the shuttlecocks. no feather shuttlecocks. students will be evaluated prior to admission.

registration begins on the first day of class.

section 1
tues., starting 2/26/19 - last class - 6/18/19
7:00 - 9:45 pm***  ***start time is at 8:00 pm - 2/26/19
(no class on 4/23; 5/28)
stratford school - gym
res. - $65  non res - $70

section 2
fri., starting 3/1/19 - last class - 6/21/19
7:00 – 9:45 pm
(no class on 4/19, 26; 5/24; 6/7)
stratford school - gym
res. - $65  non res - $70

registration form

mail to: garden city continuing education, 56 cathedral ave., garden city, ny 11530

a separate check and separate registration form is required for each course.

last name  first name

street address  city, state, zip

home phone/cell phone  email address

course #  section #  course/trip title  day class meets

garden city resident  garden city senior  non-resident

class fee: check payable to gcu fsd, unless otherwise instructed

$ __________________
Open to middle school girls and boys in 7th and 8th grade. The clinic series, which will be taught by Don Beatty, a recognized and experienced PGA teaching professional, will include basic mechanics of grip, stance, and swing. It will cover education and awareness of rules, what clubs to use and when to use them, and golf course etiquette. The clinic will include four two-hour Range Sessions at the Garden City Country Club Driving Range, and three 9-Hole playing sessions at Christopher Morley Golf Course.

Range Sessions will include:

- Personalized video for each student using JC Video Golf Teaching Software.
- Personalized use of the Flight Scope Launch Monitor that uses Doppler Radar to track students' shots for distance and direction. Use of the practice putting green. Use of the practice bunker. Print material and photographs of professional golfers explaining the basic fundamentals of the model golf swing.

Students must have their own set of golf clubs, and must dress in golf appropriate attire.
Boys: Collared shirts tucked in, no jeans.
Girls: No jeans, no tank tops.

Parents are responsible for all transportation.

**Enrollment is limited to 16 students.**

**MON., - 3/25; 4/1, 8, 15**
4 SESSIONS - 4:00 - 6:00 PM
LOCATION: GARDEN CITY COUNTRY CLUB RANGE

**MON., - 4/29; 5/6, 13**
3 SESSIONS - 4:00 - 6:00 PM
LOCATION: CHRISTOPHER MORLEY GOLF COURSE

COST PER STUDENT—$155.00
REGISTRATION FORM

MAIL TO: Garden City Continuing Education, 56 Cathedral Ave., Garden City, NY 11530

A SEPARATE check and SEPARATE registration form is required for each course.

Last Name                                                  First Name
Street Address                                            City, State, Zip
Home Phone/Cell Phone                                      Email Address
Course #       Section #             Course/Trip Title                                     Day Class Meets
Garden City                        Garden City                                                  Non-Resident
Garden City                        Garden City                                                  Non-Resident

Class fee: Check payable to GCUFSD, unless otherwise instructed
$_________________

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INFORMATION CAN ALSO
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Continuing Education
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**HOLIDAYS/OBSERVANCES—SCHOOLS CLOSED**

- 9/3  Labor Day
- 9/4  First Day of School
- 9/10 & 11  Rosh Hashanah
- 9/19  Yom Kippur
- 10/8  Columbus Day
- 11/6  Election Day
- 11/12  Veterans Day
- 11/22 & 23  Thanksgiving
- 12/24-1/1  Holiday Recess
- 1/21  Martin Luther King Day
- 2/18-2/22  Winter Recess
- 3/6  P/T Conferences
- 4/18-4/26  Spring Recess
- 5/27  Memorial Day
- 6/26  Last Day of School
"COME BACK TO SCHOOL" PROGRAM
Adelphi University invites seniors 62 years or older to take courses for personal enrichment. Call Adelphi for courses and costs. This is a non-credit opportunity in a wide variety of interests, such as literature, social sciences, business, and languages. For information, call 877-3400.

CULTURAL EVENTS
Adelphi also has a very active and diversified cultural events program. For information, either: call 877-4555 or …
Log onto http://events.adelphi.edu/culturalevents/
PLEASE NOTE— REGISTRATION - FOR FALL IS IN JULY
FOR SPRING IN DECEMBER

IMPORTANT:
INSURANCE LIABILITY NOTICE!

Participation in Continuing Education Program activities is at your own risk.

If you are enrolling in any physically active courses, check with your physician beforehand to make certain that the courses are appropriate for you.

The Garden City School District relies on each registrant to seek medical advice as to his/her capacity to participate. The school district will not be responsible for injuries, damages or losses.

In regard to Continuing Education Program trips, the Garden City School District acts solely as the agent in arranging transportation, hotel accommodations and services, and does not assume liability for injury, damages, loss, accident or delay due to any act or default of any company or person engaged in transporting passengers, providing food, rendering service or carrying out arrangements for any tour, or by the act of default of any hotel, service agent, tour provider or its employees.

NOTE:
Continuing Education Instructors are retained to teach a course in their area of expertise.
They are not permitted to use the classroom for personal gain or to solicit clients or customers.
Therefore, the school district is not responsible for any advice, or consultation given or sought, beyond the classroom setting and course curriculum material.
You can register by mail, or in-person!
VISIT OUR WEBSITE— www.gardencity.k12.ny.us (LOOK UNDER DISTRICT OFFICES)
Mail registration starts prior to in-person registration.
Therefore, it is usually best to register by mail as soon as you receive this brochure.
You can register by mail anytime during the term.

**BY MAIL:** STARTS IMMEDIATELY and continues all during the term.  
No confirmations will be sent. 
You will be notified only if a course is oversubscribed or canceled.  
Note: We cannot be responsible for delayed or lost mail.

**IN-PERSON:** STARTS Friday, Feb. 25th and thereafter.  
Checks only; NO CASH - Monday-Friday, 8 AM - 3 PM,  
Administration Building, 56 Cathedral Avenue, Garden City, NY 11530

Only MAIL registrations postmarked by the U. S. Postal Service will be accepted before the first day of in-person registration. DO NOT bring, drop off, or have hand-delivered any registration prior to the first day of in-person registration. Any registration which is not postmarked by the U. S. Postal Service and which reaches this office prior to the first day of in-person registration will be mailed back to the registrant via USPS.

**PRIORITY** - Registrations will be processed in order of their receipt. Residents and employees of Garden City UFSD have priority over non-residents for the first week of mail registrations.

**SENIOR CITIZEN DISCOUNT** - Residents of Garden City UFSD, 65 and older, will be entitled to a discount when registering for certain classes with a registration fee over $35 or more. This discount will be shown on the page by the class. The discount will NOT apply to courses with limited class size, trips or computer classes, if fee is payable to outside agency, or courses otherwise indicated.

**NON-RESIDENT FEE** - starts at $5 per course, for persons residing outside Garden City UFSD. 
Exceptions: Employees of the school district, one session courses, bus trips, or as otherwise indicated.

**CLASS SIZE - TRIP COST** - Some classes have limited size. Class are self-sustaining. Trip costs, dates, and itineraries are subject to change.

**REFUNDS** - **NO REFUNDS** except as follows: minus a $5 processing fee when a written request is received FIVE DAYS PRIOR to the first session. 
The full registration fee will be refunded ONLY when a class is canceled. 
No refunds on bus trips, unless trip is canceled.

**INSURANCE** - Accidents occurring during Continuing Education programs are NOT covered under GCUFSD insurance. Any expenses incurred because of an accidental injury will be your responsibility, covered under your own insurance plan, if any.

***NOTE: NO CLASSES IF WEATHER CAUSES SCHOOLS TO BE CLOSED ***
DIRECTIONS

Please use the Internet to obtain directions from your home/office to class locations.

<table>
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<tr>
<th>Location</th>
<th>Address</th>
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<tr>
<td>High School</td>
<td>170 Rockaway Ave.</td>
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<tr>
<td>Middle School</td>
<td>98 Cherry Valley Ave.</td>
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<td>Stratford School</td>
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<td>Hemlock School</td>
<td>78 Bayberry Ave.</td>
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<td>Homestead School</td>
<td>2 Homestead Ave.</td>
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<td>Locust School</td>
<td>220 Boylston St.</td>
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<td>St. Paul’s Center</td>
<td>108 Rockaway Ave.</td>
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