

PHYSICAL FITNESS - SPORTS

WE RECOMMEND THAT YOU CHECK WITH YOUR DOCTOR PRIOR TO STARTING ANY EXERCISE PROGRAM.

905. MIDDLE SCHOOL GOLF CLINIC

Don Beatty

Open to middle school girls and boys in 6th, 7th and 8th grades. The clinic series, which will be taught by Don Beatty, a recognized and experienced PGA teaching professional, will include basic mechanics of grip, stance, and swing. It will cover education and awareness of rules, what clubs to use and when to use them, and golf course etiquette. **The clinic will include four two-hour Range Sessions at the Garden City Country Club Driving Range, and three 9-Hole playing sessions at Christopher Morley Golf Course.**

Range Sessions will include:

Personalized video for each student using JC Video Golf Teaching Software. Personalized use of the Flight Scope Launch Monitor that uses Doppler Radar to track students' shots for distance and direction. Use of the practice putting green. Use of the practice bunker. Print material and photographs of professional golfers explaining the basic fundamentals of the model golf swing.

Students must have their own set of golf clubs, and must dress in golf appropriate attire.
Boys: Collared shirts tucked in, no jeans.
Girls: No jeans, no tank tops.

Parents are responsible for all transportation.

Enrollment is limited to 16 students.

**MON., - 9/9, 16, 23; 10/7;
4 SESSIONS - 4:00 - 6:00 PM
LOCATION: GARDEN CITY COUNTRY CLUB RANGE**

**MON., - 10/15, 21, 28
3 SESSIONS - 4:00 - 6:00 PM
LOCATION: CHRISTOPHER MORLEY GOLF COURSE**

COST PER STUDENT—\$155.00



<u>REGISTRATION FORM</u>		<u>RECEIPT #</u>
MAIL TO: Garden City Continuing Education, 56 Cathedral Ave., Garden City, NY 11530		
<u>A SEPARATE check and SEPARATE registration form is required for each course.</u>		
Last Name	First Name	
Street Address	City, State, Zip	
Home Phone/Cell Phone	Email Address	
Course #	Section #	Course/Trip Title
		Day Class Meets
Garden City Resident	Garden City Senior	Non-Resident
Class fee: Check payable to GCUFSD , unless otherwise instructed		
\$ _____		
<u>NO CONFIRMATIONS WILL BE SENT. NO CASH ACCEPTED</u>		



**INFORMATION CAN ALSO
 BE FOUND ON OUR WEBSITE
www.gardencity.k12.ny.us
 LOOK UNDER "DISTRICT OFFICES"
 Continuing Education
 NO CONFIRMATIONS WILL BE SENT**



<u>REGISTRATION FORM</u>		<u>RECEIPT #</u>
MAIL TO: Garden City Continuing Education, 56 Cathedral Ave., Garden City, NY 11530		
<u>A SEPARATE check and SEPARATE registration form is required for each course.</u>		
Last Name	First Name	
Street Address	City, State, Zip	
Home Phone/Cell Phone	Email Address	
Course #	Section #	Course/Trip Title
		Day Class Meets
Garden City Resident	Garden City Senior	Non-Resident
Class fee: Check payable to GCUFSD , unless otherwise instructed		
\$ _____		
<u>NO CONFIRMATIONS WILL BE SENT. NO CASH ACCEPTED</u>		