

**GARDEN CITY PUBLIC SCHOOLS**  
**MAY IS MENTAL HEALTH EDUCATION AWARENESS MONTH**

**Social Worker Video:**

<https://www.youtube.com/watch?v=Wt5dtVlgb3s&feature=youtu.be>

**MS Self-Care Calendar:**

[https://gcufsd-my.sharepoint.com/:b:/g/personal/mclaughlinn\\_gcufsd\\_net/EUAEyHO7bSpCtBxMWAvcIWsbpKLTbox7dZ\\_0yiSJl\\_rcQQ?e=2B5j3y](https://gcufsd-my.sharepoint.com/:b:/g/personal/mclaughlinn_gcufsd_net/EUAEyHO7bSpCtBxMWAvcIWsbpKLTbox7dZ_0yiSJl_rcQQ?e=2B5j3y)

**SPEAKER:** Eric Kussin on Monday, May 4th. There will be a one-hour presentation at 3pm for students/student-athletes followed by a 7pm presentation for parents.

<https://samehereglobal.org/about-us/>

**Primary/ elementary**

Tracy and Michele will create a video each week using the books below. A follow up activity will be sent for each book. This will allow our incoming 1st graders to meet Michele and our elementary students to see a familiar face.

A Little Peaceful Spot: Week 1-Tracy

<https://www.bing.com/videos/search?q=a+little+peaceful+spot&docid=608009820782267981&mid=4C31D54B9D6D3F5C6A8E4C31D54B9D6D3F5C6A8E&view=detail&FORM=VIRE>

A Little Spot of Anxiety: Week 2- Michele

<https://www.bing.com/videos/search?q=a+little+spot+of+anxiety+read+aloud&docid=608043330097319419&mid=CAA80B36F5B8FED25157CAA80B36F5B8FED25157&view=detail&FORM=VIRE>

A Little Spot of Sadness: Week 3 Tracy

<https://www.bing.com/videos/search?q=a+little+spot+of+sadness+read+aloud&&view=detail&mid=FD4A55B894AE17E7BCD5FD4A55B894AE17E7BCD5&&FORM=VDRVRV>

A Little Spot of Happiness: Week 4 Michele

<https://www.bing.com/videos/search?q=a+little+spot+of+happiness&docid=608013703468550685&mid=5309FCA6C5110491B1215309FCA6C5110491B121&view=detail&FORM=VIRE>

